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RAISIN FRENCH TOAST (SERVE 1)

Ingredients:

2 slices Gardenia California Raisin Loaf
1 egg
3/4 cup low-fat milk
1 tsp vanilla essence
2 tsp soy oil
Lemon slices to garnish

Cooking Method:

1. Combine egg, low-fat milk and vanilla essence in a large bowl.
2. Soak Gardenia California Raisin Loaf slices in egg mixture.
3. Heat soy oil in a pan, place the Gardenia California Raisin Loaf in the pan and cook until golden brown.
4. Remove French toast from pan and arrange on a plate.
5. Garnish with lemon slices and serve immediately.

